

## Press Release

Macon County Reports Eighth Death Related to COVID-19

A Macon County resident diagnosed with COVID-19 has died. The person was over the age of 65 and had underlying health conditions. To protect the family's privacy, no further information will be released about this patient.

"The family and loved ones of this individual are in our thoughts and prayers. As we head into the holiday season and as more people gather indoors, please continue to practice the 3Ws and be mindful of those that are higher risk," stated Kathy McGaha, Macon County Health Director.

Mrs. McGaha continued, "We can make a difference by wearing a mask, washing your hands, and staying 6 feet from others. Continue to practice social distancing and limit your trips outside your home to help to slow the spread of COVID-19."

The entire state of North Carolina is under a "Safer at Home" executive order, currently under phase three with masks required to be worn when social distancing cannot be maintained. Older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19; however, anyone of any age can become infected with this illness. Therefore, we ask that community members **strictly follow** the governor's orders and continue to practice **social distancing**, as well as safe hygiene measures such as hand washing and frequently cleaning touched objects and surfaces. The public can monitor the different phases of re-opening and learn more about the restrictions at <u>https://covid19.ncdhhs.gov/guidance</u>.

It is important to make sure the information you are getting about COVID-19 is coming directly from reliable sources. For more information, please visit the CDC's website at <u>www.cdc.gov/coronavirus</u> and NCDHHS' website at <u>www.ncdhhs.gov/coronavirus</u>, which also includes future positive COVID-19 test results in North Carolina.

MCPH regularly updates our Facebook page with accurate and current information regarding COVID-19; we encourage the public to check our Facebook page, <u>www.facebook.com/MaconPublicHealth</u> for up-to-date information.

Symptoms for COVID-19 are fever, cough, other lower respiratory illness (shortness of breath). If you believe that you may have COVID-19, please call the Health Department at 828-349-2517. The call center is open Monday through Friday from 8:30am – 4:00pm, closing daily for lunch from 12:00pm – 1:00pm, until further notice.

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